



# The IT Industry Trade Association

#### WHO WE ARE

# CompTIA is a global, not-for-profit IT trade association and the voice of the industry

#### **OUR MISSION**

#### Advance the IT industry

Technology is infrastructure, just like roads and bridges. Our economic growth, national security and quality of life depend on it. When we help tech businesses grow and help build a skilled tech workforce, we make that infrastructure stronger.

#### WHO WE SERVE

Tech businesses, tech professionals, tech educators, and anyone interested in a tech career or a vibrant tech industry.

#### HOW WE DO IT



#### NETWORKING

Member-led communities, councils, and events that help thousands of tech executives and professionals learn and collaborate with peers.



#### **EDUCATION**

Vendor-neutral education, business standards, technical content and career advice to help drive business revenue and professional growth.



#### THOUGHT LEADERSHIP

Highly regarded research and subject-matter expertise on topics including technology trends, cybersecurity and workforce issues.



#### CERTIFICATION

Vendor-neutral certifications that help millions of IT pros around the world validate their skills and advance in their careers.



#### **ADVOCACY**

Advocacy at state, federal, and international levels for policies that build a skilled tech workforce and advance the digital economy.



#### PHILANTHROPY

Help for those who are under-represented in IT and those who lack economic opportunity to prepare for, secure and succeed in IT careers.

### Your Presenter . . .



### James Stanger, PhD

Chief Technology Evangelist - CompTIA A+, Network+, Security+, MCSE, LPI LPIC 1, Symantec STA

Works with IT pros, managers and executives worldwide

- Security analytics
- Penetration testing
- Risk assessment
- Intrusion detection
- Linux and open source
- Network administration
- Virtualization
- · Web technologies
- Certification development
- Award-winning author and instructor

Twitter: @jamesstanger

CompTIA hub: https://tinyurl.com/y94u3v7j

# Agenda

- What is the WSL?
- What it isn't
- Who uses it, and why?
- Installing it
- Tech support and the WSL
- WSL and security



Join Dr. James Stanger for his March Office Hours with James as he investigates ways that Windows and Linux do more than simply coexist in today's cloud and IoT-aware IT environment. He'll show you how to install, use, and support the Windows Subsystem for Linux. By the end of the Webinar, you'll not only know how to use it, but also why it's so important from an IT support and security perspective. Introducing the Windows Subsystem for Linux (WSL)

### What is it?

- A compatibility layer in Windows
  - A set of libraries and apps
  - Translates a Linux system call into something the Windows kernel understands
  - Runs a Linux environment from within Windows
  - Sessions are recognized by Windows
- Allows you to open a Windows console running the Bash shell

```
de. That's the backy way we're using
                                                                                                un multiple WSL instances, comment
  1 Is "$(BASEPRIN)" > /dev/mull Johi; then
 # You can create and simultaneously run multiple W5
                                                           CurrentVersion(Lass | Fortach-Object (Set-ItemProperty & .PSPath)). HasePath.replace(":".
                                                        # Remove trailing whitespaces
                                                        BASEPRIN-"$(BASEPRINK"$(BASEPRINES"[![:space:]])")"
                                                        # Build the path on WSL.
BASEPATH-"$(BASEPATHEN"$(BASEPATHER"[![:space:]])"]
                                                        # Itself despite all others are available. That's the backy way we're
# Build the path on MSL
BASEPATH+"/mot/$(BASEPATH, )/rootfs'
                                                          # out the "break", run this script within each one and it'll return only
  tself despite all others are available. That's the
   1s "$(BASEPRIN)" > /dev/mull 2:41; then
 # You can create and simultaneously run multiple WS
                                                                                                                                                A TO 60 DIG TOWARD
```

### What the WSL Isn't

- A graphical interface
- Virtualization
- Dual booting
- A cloud solution
- CygWin
- A full development environment



Who Uses the WSL, and Why?

## Who Uses it?

- Often used by developers / coders
  - For convenience
  - Can support multiple development environments
  - Use all Linux system resources, right from within V Ruby, Python, Java, etc.)
  - Gives developers more coding and working options
    - Native development
    - Uploading and code processing options
- A few other uses, outside of development



# Why is it Useful?

- Development efficiency
  - You have to develop to a platform
  - Why not the same one as your desktop?
- Software Development Lifecycle (SDLC) efficiency

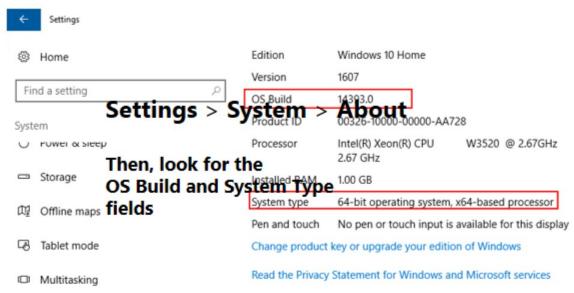
```
root@localhost: /
                                                                      ×
root@localhost:/# 11 /mnt/c
ls: cannot access /mnt/c/Documents and Settings: Input/output error
ls: cannot access /mnt/c/pagefile.sys: Permission denied
ls: cannot access /mnt/c/swapfile.sys: Permission denied
total 452
                            0 Mar 15 22:26
                                             Recycle.Bin
drwxrwxrwx 2 root root
                            0 Mar 15 23:20 1/
drwxrwxrwx 2 root root
drwxrwxr-x 2 root 1000
                            0 Jan 1 1970
                            1 Mar 15 16:13 BOOTNXT*
 rwxrwxrwx 1 root root
                                                 ments and Settings/
                            0 Mar 15 16:22
drwxrwxrwx 2 root root
drwxrwxrwx 2 root root
                            0 Mar 15 22:18
                            0 Mar 15 23:18
drwxrwxrwx 2 root root
                            0 Mar 15 22:27
irwxrwxrwx 2 root root
drwxrwxrwx 2 root root
                            0 Mar 15 22:19
drwxrwxrwx 2 root root
                            0 Mar 15 22:42
                                               stem Volume Information/drw
xrwxrwx 2 root root
                         0 Mar 15 22:38
                            0 Mar 15 22:37
drwxrwxrwx 2 root root
 rwxrwxrwx 1 root root 403762 Mar 15 16:13
drwxrwxrwx 2 root root
                            0 Mar 15 22:37
                                          pagefile.sys
                                          ? swapfile.sys
root@localhost:/# _
```

**Installing the WSL** 

## Installation

- Is your system is a candidate?
  - Fall Creator update or later
  - Check your version
- Enable the "Windows Subsystem for Linux" optional feature using PowerShell:

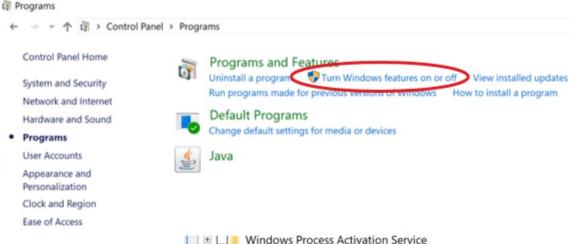
PS C:\ Enable-WindowsOptionalFeature -Online -FeatureName Microsoft-Windows-Subsystem-Linux



Or, must be above version 14393.0

### **Installation Details**

- Control Panel
- Programs and Features
- Turn features on or of
- Reboot
- Command prompt: bash
- Go through steps



Consider: Start menu | optionalfeatures

OK

Cancel

Windows Projected File System (Beta) Windows Subsystem for Linux

Windows TIFF IFilter Work Folders Client

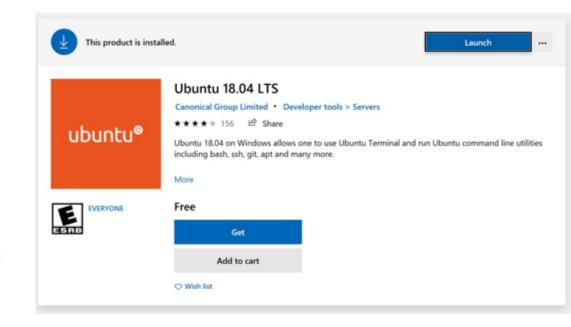
# Installation (cont'd)

- Install your Linux Distribution
  - Windows store
  - Command line
  - Manually unpack and install (Windows server)
- One-time Initialization
  - Click the "Launch" button in the Windows store app
  - Linux setup begins
    - Create a user in Linux
    - Update the Linux distro's packages
    - Pin distro to Start menu or taskbar

### Ubuntu:

https://www.microsoft.com/en-us/p/ubuntu-1804-

lts/9n9tngvndl3q?activetab=pivot:overviewtab



## Installation (cont'd)

- Follow the prompts
- Linux user name doesn't need to match Windows user

```
Selectjames@4896RESB17:~

Installing, this may take a few minutes...

Please create a default UNIX user account. The username does not need to match your Windows username.

For more information visit: https://aka.ms/wslusers

Enter new UNIX username: james

Enter new UNIX password:

Retype new UNIX password:

passwd: password updated successfully

Installation successful!

To run a command as administrator (user "root"), use "sudo <command>".

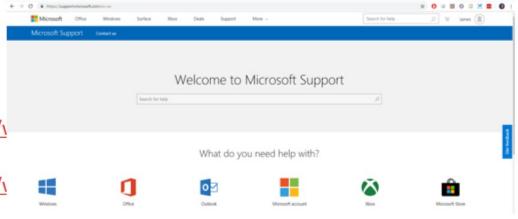
See "man sudo_root" for details.

james@4896RESB17:~$
```

# Installation (cont'd)

- Resources
  - Installation:
    - https://docs.microsoft.com/en-us/v win10
    - https://docs.microsoft.com/en-us/v distro
  - Troubleshooting: <a href="https://docs.">https://docs.</a>

     microsoft.com/en-us/windows/wsl/
     troubleshooting#check-your build-number
  - FAQ: <a href="https://docs.microsoft.com/en-us/windows/wsl/faq">https://docs.microsoft.com/en-us/windows/wsl/faq</a>





## **Testing the Installation**

- Get out of the installation prompt
- Re-open a bash shell
- Go to Start, then open either:
  - PowerShell
  - Command prompt
- Conduct your session
- Type "exit" to get out of the WSL

```
:h0: flags=4163<UP,BROADCAST,RUNNING,MULTICAST> mtu 1500
Windows PowerShell
PS C:\Users\James Stanger> bash
james@4896RESB17:
                                                       $ pwd
/mnt/c/Users/James Stanger
james@4896RESB17:
                                                       $ cd ~
james@4896RESB17: $ pwd
/home/james
james@4896RESB17: $ exit
logout
PS C:\Users\James Stanger>
           dropped 0 overruns 0 carrier 0 collisions 0
```

# Install / Manage Applications Using Apt-Get

- Remove unneeded packages
- Services
  - Web server
  - Secure Shell (SSH)
- Dev environments / compilers
  - Python
  - GCC+

```
james@4896RESB17: /mnt/c/Users/James Stanger
                                            $ sudo apt-get install gcc+
iames@4896RESB17:
Reading package lists... Done
Building dependency tree
Reading state information... Done
The following package was automatically installed and is no longer required:
 libfreetype6
Use 'sudo apt autoremove' to remove it.
The following additional packages will be installed:
 binutils binutils-common binutils-x86-64-linux-gnu cpp cpp-7 gcc-7 gcc-7-base libasan4
 libatomic1 libbinutils libc-dev-bin libc6-dev libcc1-0 libcilkrts5 libgcc-7-dev libgomp1
 libisl19 libitm1 liblsan0 libmpc3 libmpx2 libquadmath0 libtsan0 libubsan0 linux-libc-dev
  manpages-dev
Suggested packages:
 binutils-doc cpp-doc gcc-7-locales gcc-multilib make autoconf automake libtool flex
 bison gdb gcc-doc gcc-7-multilib gcc-7-doc libgcc1-dbg libgomp1-dbg libitm1-dbg
 libatomic1-dbg libasan4-dbg liblsan0-dbg libtsan0-dbg libubsan0-dbg libcilkrts5-dbg
 libmpx2-dbg libquadmath0-dbg glibc-doc
The following NEW packages will be installed:
  binutils binutils-common binutils-x86-64-linux-gnu cpp cpp-7 gcc gcc-7 gcc-7-base
```

sudo apt-get update

sudo apt-get install gcc+

sudo apt-get install python

# **Checking Network Connectivity**

- ifconfig
- ping
- netstat
- route
- traceroute
- nslookup
- dig
- Configure SSH

```
mes@4896RESB17:
                                   $ traceroute www.cnn.com

    james@4896RESB17: /mnt/c/Users/James Stanger

                                       $ ifconfig
 ames@4896RESB17:
eth0: flags=4163<UP,BROADCAST,RUNNING,MULTICAST> mtu 1500
       inet 10.0.0.9 netmask 255.255.255.0 broadcast 10.0.0.255
       inet6 2601:603:4e00:604:188b:3029:699c:2a68 prefixlen 64 scopeid 0x0<global>
       inet6 2601:603:4e00:604:2843:e3c1:5608:e9a7 prefixlen 128 scopeid 0x0<global>
       inet6 2601:603:4e00:604:8d8f:2ae2:5922:262b prefixlen 128 scopeid 0x0<global>
       inet6 fe80::188b:3029:699c:2a68 prefixlen 64 scopeid 0x0<global>
       ether c4:9d:ed:e8:f9:7b (Ethernet)
       RX packets 0 bytes 0 (0.0 B)
       RX errors 0 dropped 0 overruns 0 frame 0
       TX packets 0 bytes 0 (0.0 B)
       TX errors 0 dropped 0 overruns 0 carrier 0 collisions 0
                                                                                          2602
inet 169.254.220.10 netmask 255.255.0.0 broadcast 169.254.255.255
       inet6 fe80::1c9d:271a:6383:dc0a prefixlen 64 scopeid 0x0<global>
       ether 0a:00:27:00:00:13 (Ethernet)
       RX packets 0 bytes 0 (0.0 B)
       RX errors 0 dropped 0 overruns 0 frame 0
```

# **Looking for System Issues**

- top
- ps
- Isof
- free
- du –h
- df -h

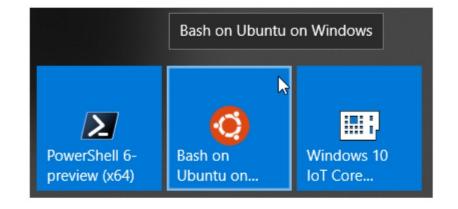
```
james@4896RESB17: /mnt/c/Users/James Stanger
                                                                                    X
                                            $ free
                                                  shared buff/cache
                                                                        available
              total
                           used
                                        free
           16700708
                        7579960
                                     8891396
                                                   17720
                                                               229352
                                                                          8987016
           50331648
                                   50331648
 ames@4896RESB17:
                                            $ df -h
Filesystem
                     Used Avail Use% Mounted on
                Size
rootfs
                476G
                      404G
                             73G 85% /
none
                476G
                      404G
                             73G
                                  85% /dev
                476G
                      404G
                             73G 85% /run
none
none
                476G
                      404G
                                  85% /run/lock
                476G
                      404G
                                  85% /run/shm
                476G
                      404G
                                  85% /run/user
none
                476G
                      404G
                             73G
                                  85% /mnt/c
                1.9T
                      967G
                            897G 52% /mnt/d
 ames@4896RESB17:
 PID TTY
                   TIME CMD
 530 tty3
               00:00:01 bash
               00:00:00 ps
1350 tty3
 ames@4896RESB17:
                                            $ ps aux
JSER
           PID %CPU %MEM
                            VSZ
                                   RSS TTY
                                                STAT START
                                                             TIME COMMAND
                                  132 ?
root
                    0.0
                           8304
                                                     16:28
                                                              0:00 /init ro
                    0.0
                           8304
                                   92 tty1
                                                     16:28
                                                             0:00 /init ro
root
iames
                          17012
                                 3736 tty1
                                                     16:28
                                                             0:01 -bash
                                                     16:41
                                                             0:00 /init ro
root
                           8304
                                   92 tty2
                                                     16:41
                                                             0:00 -bash
                         17052
                                 3804 tty2
root
                           8304
                                   92 ttv3
                                                     16:53
                                                             0:00 /init ro
                                 3732 tty3
iames
                          17052
                                                     16:53
                                                             0:01 -bash
          1351 0.0 0.0 17380
                                 1916 tty3
                                                     17:11
                                                             0:00 ps aux
iames
ames@4896RESB17:
```

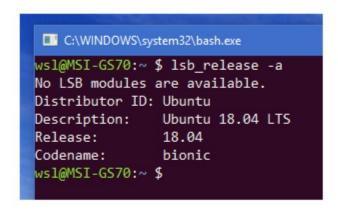
## \$ sudo apt-get install sysstat

**Tech Support and the WSL** 

### **Considerations**

- Windows Issues
  - Permissions
  - Libraries
  - Available resources
    - Memory
    - CPU
- Linux Issues
  - Permissions
  - Applications and users





## **Issues with Apt-Get**

- Sometimes, apt-get will not run properly in WSL
- Consider permissions changes, as described in this screen shot

1. Write the following to /usr/sbin/policy-rc.d and save your changes.

```
#!/bin/sh
exit 101
```

2. Add execute permissions to /usr/sbin/policy-rc.d

```
chmod +x /usr/sbin/policy-rc.d
```

Run the following commands

```
dpkg-divert --local --rename --add /sbin/initctl
ln -s /bin/true /sbin/initctl
```

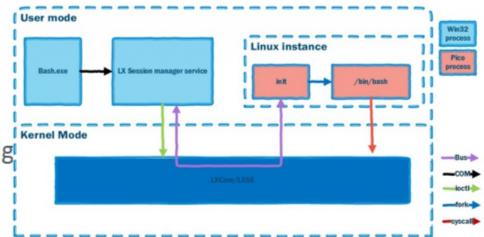
# **Connectivity and WSL Sessions**

- Inspect Windows firewall settings
- Third parties
  - AVG
  - Avast
  - Kaspersky
- Running a Secure Shell (SSH) server
  - You need Administrator privileges
  - Run Bash on Ubuntu as admin
  - Configure SSH server and client in the Linux session



# Tips, Tricks and Traps

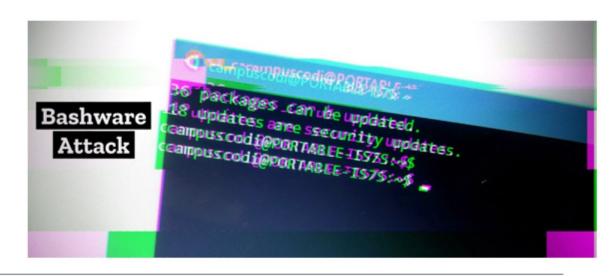
- Windows update
  - Will upgrades "break" it?
  - Consider rollback options
- Disk space
- Editing wsl.conf and using wslconfig change settings
- Don't forget permissions





# **WSL** and Security

- Will it increase your attack surface?
  - The Windows system
  - WSL itself
  - The underlying Linux distro and how its configured



# WSL and Security (cont'd)

- Permissions considerations
  - The Windows system environment
  - Code that is being created
- Useful not only for developers, but also cybersecurity workers
  - Additional resource
  - Need to create custom pen testing code
    - Python code
    - Bash scripts



## Summary

- What is the WSL?
  - What it isn't
  - Who uses it, and why?
- Installing it
- Tech support and the WSL
- WSL and security



# **Uninstalling WSL**

- Open a Windows command prompt
- Type the following:

Ixrun /uninstall /full

WSL distributions installed from the Windows store can be uninstalled like any other Windows app, by right-clicking on the app tile and clicking Uninstall, or via PowerShell using the Remove-AppxPackage cmdlet

Note: If you want to keep the user's home directories and other files, omit the /full option

- UWP Ubuntu via start-menu and it worked
- Go back to Windows Features, and uncheck / untick the WSL option

# **Questions?**







### Office Hours with James Wednesday, April 11<sup>th</sup> 11:00 AM CST

CEUs

#### Topic

Investigating the Deep Web and VPN
Technologies

### To register:

https://event.on24.com/wcc/r/196 7391/C32B6568414DB31D8207FAE C66769DBB

#### HDI 2019

Presenting in Person Orlando, April 9 & 10

#### **CEUs**

Approved for A+, Network+, Security+, PenTest+, CASP+, Cloud+ and CySA+ recertification

#### Presentations

April 9: Security Fundamentals for the Support Center

April 10: The Emerging Tech Hat Trick

More info https://tinyurl.com/y4z2g7zx Service Desk Show 2019 (London) Wednesday, 2 May 08:30 – 9:30

#### **CEUs**

Approved for A+, Network+, Security+, PenTest+, CASP+, Cloud+ and CySA+ recertification

#### **Topics Include**

Arriving at a narrative: Emerging tech and the value of the IT support professional

More info https://tinyurl.com/y4qqoaat

### Thank You!



### James Stanger, PhD

#### jstanger@comptia.org

+1 (360) 970-5357

Twitter: @jamesstanger

Skype: stangernet

#### Latest articles and blog entries:

The Skills needed to combat today's cybersecurity threats (RSA)

Automated Pen Testing (Admin Magazine)

Two sides of the same coin: Pen testing and security analytics

What's hot in network certifications (NetworkWorld)

Escaping the Cybersecurity Metrics Matrix (CompTIA)

Private Eye: Open source tools for automated pen testing Admin Magazine

Thoughts about the help desk (YouTube)

The Hunt for the Meaning of the Red team (CompTIA)

The IT security disconnect (HP Enterprise)

A blockchain manifesto? A report from the RSA 2018 Blockchain Focus Group Cloud Orchestration with Chef Admin Magazine

No more close shaves: Talking end user security

How CIOs can optimize ITSM software (SearchCIO)

Vulnerability management: How to target bug bounty programs (TechTarget)

My career change journey: The importance of networking The role of the service desk in the cybersecurity kill chain (HDI)

How to prevent insiders from breaching your data (Forbes)

Threat Hunting with Yara Admin Mogazine

10 critical security skills every IT team needs (interview, CIO Magazine)

How Al can help you stay ahead of cybersecurity threats (CSO Magazine)

Don't hack me, bro! (Admin Magazine)

At the hop: Security testing with hping3 (Linux Magazine)

#### My CompTIA hub:

https://certification.comptia.org/it-career-news/hub/James-Stanger